

We're about to make a big difference!

Sustrans
BIG SHIFT
for schools



From

Our class/year group/school [delete as appropriate] is taking part in the **Sustrans Big Shift** – a free-to-access UK-wide online challenge to inspire the school community to **travel more actively**.

The five-day challenge will be setting us active journey targets to meet or exceed, based on how our pupils currently travel to school. We're aiming to make a **Small Step**, **Big Stride** or **Giant Leap**, or even become a **Top Achiever**. For more information, visit www.sustrans.org.uk/bigshift

What to do now... To take part I need you to **complete the baseline survey** (Part 1 below) on ___/___/___ [insert date] and return it to me by ___/___/___ [insert date]. I'll input the data on the Big Shift challenge site and we'll find out our targets which I'll write in Part 2.

I'll then return this form to you and on each day of the challenge please **record the number of pupils in your class** who cycle, walk and scoot/skate to school. **Return this to me** each day/every other day/at the end of the five days [delete as appropriate] so I can input the data and we'll see how we got on! **If you have any questions, please ask me!**

Part 1 How do you normally get to school?

Number of pupils in the class

Cycle	<input type="text"/>	Walk	<input type="text"/>
Scoot/Skate	<input type="text"/>	Park and Stride/Park and Cycle	<input type="text"/>
Bus	<input type="text"/>	Train/Other Rail	<input type="text"/>
Car	<input type="text"/>	Absent	<input type="text"/>

Part 2 Our targets

Small Step
 %

Big Stride
 %

Giant Leap
 %

Top Achiever
75 %

Part 3 Daily record sheet

Day	Date	Cycle	Walk	Scoot/skate
1				
2				
3				
4				
5				

Sustrans has a wide range of resources to promote active journeys to school. **Suss It Out** is a set of five themed sheets, each with 10, 20 and 30-minute simple, snappy activities to inspire action and discussion on active travel – **perfect for the Big Shift!** Download this and other material at www.sustrans.org.uk/education